United States Census Bureau | An official website of the United States Government

World Population Day: July 11, 2026

July 02, 2026
CB26-SFS.9

World Population Day has been observed on July 11 [https://www.un.org/en/observances/world-population-day] every year since 1990.

Our World Population Clock [https://www.census.gov/popclock/] provides a real-time estimate of the global population as well as an indication of how fast it is growing.

The Census Bureau estimates the number of people in the world by combining past population growth statistics with data for individual countries and areas from its International Database [https://www.census.gov/programs-surveys/international-programs/about/idb.html] (IDB).

The world population reached 8 billion in 2023, and the IDB projects it will reach 8.2 billion in July 2026, 9 billion by 2039, 10 billion by 2060, and peak at 10.6 billion in 2092 before declining.

The Census Bureau develops these estimates by analyzing available population, fertility, mortality and migration data. For most countries, adjustments to the data are necessary to correct for errors. Some available data may be several years old, so the population data used for our World Population Clock are projections from those earlier estimates. As new data become available, estimates and projections may change.

The United States is among the world's five most populous countries with an estimated 342,620,143 people as of July 1, 2026. The other four most populous countries are India, China, Indonesia and Pakistan – all in Asia.

Observed on July 11 every year since 1990.

Data Tools

Most Populous Countries	
1. India	1,429,700,205
2. China	1,405,918,803
3. United States	342,620,143
4. Indonesia	285,562,809
5. Pakistan	261,714,024

[https://www.census.gov/content/dam/Census/newsroom/stories/world-population/stories-most-populous-countries.jpg]
Source: U.S. Census Bureau, International Database [https://www.census.gov/programs-surveys/international-programs/about/idb.html]

The Census Bureau's International Database [https://www.census.gov/programs-surveys/international-programs/about/idb.html] provides accurate and timely demographic measures of populations around the world. The IDB provides estimates and projections for 227 countries and areas with populations of 5,000 or more that are recognized by the U.S. Department of State.

The new USA Trade® Online [https://usatradeonline.census.gov/home] provides access to current and cumulative U.S. export and import data. Use USA Trade® Online to identify new markets, evaluate existing markets and conduct other market research.

Resources

The Census Bureau conducts demographic, economic, and geographic studies of other countries and strengthens statistical development around the world through technical assistance, training and software.

- **International Programs Center, International Database (IDB), overview** [https://www.census.gov/programs-surveys/international-programs/about/idb.html]

International Programs Center, International Database (IDB), data tool
[https://www.census.gov/data-tools/demo/idb/#/country?YR_ANIM=2021]

Visit the IDB Interactive Tool Help Page
[https://www.census.gov/data-tools/demo/idb/assets/resources/help/help.html]
for more information.

Other Links

Helping El Salvador Conduct Its First Census in 17 Years
[https://www.census.gov/library/stories/2024/07/helping-el-salvador-conduct-census.html]

Director's Blog: Celebrating World Population Day
[https://www.census.gov/newsroom/blogs/director/2023/07/celebrating-world-population-day.html]

Outside Links

International Statistical Institute
[https://isi-web.org/]

The World Bank, Data
[https://data.worldbank.org/?]

United Nations Observances: World Population Day
[https://www.un.org/en/observances/world-population-day]

United Nations Population Fund: World Population Dashboard
[https://www.unfpa.org/data/world-population-dashboard]

United Nations Statistics Division
[https://unstats.un.org/unsd/?]

United Nations Population Division
[https://www.un.org/development/desa/pd/]

U.S. Census Bureau Current Population

- U.S. Population
- World Population

Nov 14, 2026 16:08 UTC (Eastern+5)

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Components of Population Change

Rates	Visualization
	16:08:11 UTC
One birth every **9 seconds**	
One death every **10 seconds**	
One international migrant (net) every **97 seconds**	
Net gain of one person every **44 seconds**	

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